Urithi takes cognizance that girls have inherent agency. Urithi’s critical programming features girl-centered leadership development, equipping girls and young women with the requisite skills to make informed decisions about themselves and their futures. Leveraging creative and innovative approaches, the program provides relevant skills training, comprehensive age-appropriate health, and human rights education, psycho-social support, and mentorship. The milestone for Urithi is that adolescent girls and young women begin to build their legacies in their spheres of influence.

Leadership Development

We convene girls for leadership and life skills intensives that have been carefully designed to empower girls to take advantage of opportunities as well as navigate and overcome challenges facing them today. We equip them with age-appropriate sexual and reproductive health rights information, girls’ rights education as well complementary, academic, and life skills. Adopting creative and innovative approaches, we encourage girls to identify and explore their leadership styles while creating opportunities that enable them to apply them to real-life situations.

Mentorship

We connect girls and young women to a powerful network of female mentors and role models who challenge and inspire girls to step out of their comfort zones and aspire to achieve their highest potential. We purposefully leverage African Feminist Mentorship practices, creating safe spaces and platforms for meaningful engagement that foster intergenerational cross-learning and sisterhood. Through mentorship, girls and young women access an added layer of supportive networks that equip girls with the skills to navigate high school, university, and beyond.

Supportive Networks

We know that the people in your life play a critical role in helping you achieve your personal and professional goals. As such we convene and build the capacity of gatekeepers — educators, mentors, community leaders, and parents — in creating a supportive network for girls. We organize these convenings as both learning and advocacy spaces where cross-cutting and emerging issues affecting girls are addressed.

Impact Numbers

- **24 active partner schools** in our network
- **Five Akili Dada Clubs** hosted in partner schools across the country
- **Over 10,000 girls** linked to mentors through Akili Dada School clubs and Leadership Academies
- **Over 50,000 girls** indirectly impacted through mentoring activities
- **Over 40,000 community members** impacted through social change projects initiated by Urithi participants